

## 2013 FRMS Forum, France, October 7-9

Tu Mushenko, InterDynamics Senior Fatigue Risk Consultant.

This year's aviation industry FRMS Forum was held in early October at the Hyatt hotel at Charles de Gaulle Airport, Paris, France. The event included diverse speakers and organisations from around the world, sharing their experience and lessons learned in implementing Fatigue Risk Management Systems. InterDynamics, as a founding member of the Forum, was represented by Len Pearson, Tu and Peter Mushenko.

ICAO discussed the Global Air Navigation Plan challenges, how this would impact the way we work, the need for teamwork across disciplines, and better measurement of workload and performance from a fatigue management perspective.

Many recognised the need for cultural change in effectively managing the issue. Organisations and individuals both need to take responsibility for fatigue management, resulting in proactive risk management strategies, and regular monitoring and evaluation processes.

The challenges of understanding increasing fatigue risk, and when this may be a safety issue was raised at the Forum. Use of subjective measures such as Samn-Perelli and Karolinska scales, as well as objective measures such as actigraphy, and Psychomotor Vigilance Task (PVT) tests as part of studies and to gain further insights were also discussed.

The FRMS Forum is a terrific opportunity for organisations to learn from and encourage each other to continue to work towards practical and effective fatigue risk management. As many of the participants at the Forum recognised, whether their organisation is compliant to prescriptive rules or not, a Fatigue Risk Management System is still required to ensure appropriate safety outcomes, -a challenge that all safety-critical organisations face.

The Fatigue Risk Management Forum has been created by the Aviation Industry to help member organisations with their approach to introducing a Fatigue Risk Management System into their airlines. Any organisation wishing to introduce an FRMS is welcome to join as are the Regulatory and Scientific Community and Employee groups. Find out more about the Forum [here](#).